Course Description:

This course, a continuation of PSY 604, is designed to provide practical training in how to conduct psychotherapy. All aspects of the therapeutic endeavor, in the context of working with children, adolescents, and adults, are considered, including case formulation, ongoing assessment, patient-therapist relationship issues, therapeutic techniques and strategies, therapy process, termination, consultation, and supervision. Patient diversity and ethical issues are considered throughout.

Learning Objectives:

You will be able to:

1. Describe different theoretical approaches to case conceptualization and intervention.
2. Formulate new ways to conceptualize and treat the problems that clients present with.
3. Discuss how you could use the theoretical approaches with your clients.

These objectives will be promoted through (1) class discussion of readings and video material and (2) discussion and role-play demonstration of how the material applies to your own clinical work. Mastery of the objectives will be evaluated in a formative manner over the course of the semester based on class discussions, as well as in a summative manner at the end of the semester through your case presentation.

Course Requirements:

Attendance: You are expected to attend every class. If you are unable to attend, please let Dr. Davila know in advance.

Readings: Weekly readings will be assigned. There is a lot of material to read and some of it may be difficult. However, the readings are an important part of the course, so it is essential that you take the time to get through them and that you are prepared to discuss (and enact!) them every week. Since the readings are, at times, unevenly distributed throughout the semester, I recommend keeping an eye on what is coming up, and reading ahead for the heavier weeks. In the syllabus below there are notes about how/where you can get each reading.

Participation: Active participation is expected. Please be prepared to discuss the readings, ask and answer questions, and participate in class activities.

Grading: Grades are S/U and will be based on attendance, participation, and evidence that readings have been completed.
**Americans with Disabilities Act:** If you have a physical, psychological, medical or learning disability that may impact your course work, please contact Disability Support Services, ECC (Educational Communications Center) Building, room 128, (631) 632-6748. They will determine with you what accommodations are necessary and appropriate. All information and documentation is confidential. Students requiring emergency evacuation are encouraged to discuss their needs with their professors and Disability Support Services. For procedures and information, go to the following web site. [http://www.ehs.sunysb.edu/fire/disabilities/asp](http://www.ehs.sunysb.edu/fire/disabilities/asp)

**Critical Incident Reporting:** Stony Brook University expects students to maintain standards of personal integrity that are in harmony with the educational goals of the institution; to observe national, state, and local laws and University regulations; and to respect the rights, privileges, and property of other people. Faculty are required to report to the Office of Judicial Affairs any disruptive behavior that interrupts their ability to teach, compromises the safety of the learning environment, and/or inhibits students’ ability to learn.

**Academic Integrity:** Each student must pursue his or her academic goals honestly and be personally accountable for all submitted work. Representing another person's work as your own is always wrong. Any suspected instance of academic dishonesty will be reported to the Academic Judiciary. For more comprehensive information on academic integrity, including categories of academic dishonesty, please refer to the academic judiciary website at [http://www.stonybrook.edu/uaa/academicjudiciary](http://www.stonybrook.edu/uaa/academicjudiciary).

**Syllabus and Readings:**

**Week 1 – 1/29/14  Mindfulness and acceptance based techniques**


* You are required to purchase the Linehan manual (although it also is in the clinic library).

**Week 2 – 2/5/14  Mindfulness and acceptance based techniques (cont.)**
Week 3 – 2/12/14  Mindfulness and acceptance based techniques (cont.)

Week 4 – 2/19/14  Emotion-focused and process-experiential techniques


* You are required to purchase the Elliot book.

Week 5 – 2/26/14  Emotion focused and process-experiential (cont.)

Elliot et al. Chapters 7 – 12.

Week 6 – 3/5/14  Working with couples


Week 7 – 3/12/14  Working with couples (cont.)

Week 8 – 3/19/14  NO CLASS – Spring Break!

Week 9 – 3/26/14  Working with couples (cont.)

Week 10 – 4/2/14  Working with couples (cont.)

Week 11 – 4/9/14  Relational psychodynamic approaches

* You are required to purchase the Levenson book.

**Week 12 – 4/16/14  Relational psychodynamic approaches (cont.)**

**Week 13 – 4/23/14  Relational psychodynamic approaches (cont.); Resistance and countertransference**


*Journal of Clinical Psychology, (2002), volume 58(2)* – please read entire issue on resistance (beginning with the Satten article and going through the Arkowitz article – pp. 139 – 227; these articles can be retrieved online).

**Week 14 – 4/30/14  Motivational interviewing techniques; Psychological consultation**


* The Westra and Aviram article and the Clayton and Bongar article can be retrieved online.

**Week 15 – 5/7/14  Individual case presentation and discussion** (you will discuss your cases for the purposes of ongoing formulation and integration of new knowledge.)

No readings.
Recommended readings on working with adolescents (to supplement the reading list provided by Prof. Lerner)

