Your Faculty Director: Lester Paldy  
Your College Advisor: Candace Chabza and Anastasia Zannettis  
Your Quad Director: Nathan Flintjer  

<table>
<thead>
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<th>LDS 102.08 Undergraduate College Seminar: Leadership and Service Spring 2014</th>
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<td><strong>Meeting Day/Time:</strong> TU: 10:10AM – 12 Noon</td>
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<td><strong>Special Meeting Pattern:</strong> This class meets for two hours per week for 7 weeks, beginning Tuesday, January 28th and ending Tuesday, March 11th, 2014.</td>
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**Faculty:** Amy Yopp Sullivan  
**Email:** amy.yopp.sullivan@stonybrook.edu  
**Phone:** 632-7392  

**Office Hours:** Tuesday 9am – 10am  
Nassau Hall 115-C  

**COURSE DESCRIPTION:** Body Mind Training for Leadership Performance  
This course will examine the dynamic interplay of imagination, creativity and critical thinking as it is revealed through physical presence, action and performance. Industry, education and business are eager to find collaborative employees who are capable of innovation and leadership. We will work through movement and active training to heighten our awareness, creativity and adaptability to engage independent thinking and practice collaboration. This course provides the students with techniques and skills as they develop action training for leadership performance.  

**COURSE GOALS**  
- Improve critical thinking by developing evaluative, problem-solving, and expressive skills.  
- Enhance group communication skills through discussions, small-group work, presentations or debates.  
- Develop intellectual curiosity and better understand the role of a student in an academic community.  
- Practice Body Mind principles in leadership.  
- Formulate, construct and present your goals and vision as a leader.  

**COURSE REQUIREMENTS**  

1. **Class Attendance & Participation:** Students are expected to attend every class, during the 7 week session. Absences will result in grade deductions. Active participation is expected in class. Students are expected to arrive to class on time. Arriving late 2 times equals an absence. Students are responsible to sign in at the beginning of every class for attendance.  

2. **LDS Program Attendance Requirement:** All LDS students are required to attend at least one LDS-sponsored event, a Spring Commons Day event and the LDS End-of-the-year event during the spring semester. Attendance will be recorded. For more information about Spring 2014 LDS Event listing, visit: [www.stonybrook.edu/lds](http://www.stonybrook.edu/lds)  

**University Scholar students are strongly encouraged to attend LDS programs, but are not required. Scholars have their own event requirement, which includes at least one**
Scholars (for-credit) event and one LDS (for-credit) event per semester, or two Scholars (for-credit) events.**

3. **Required Reading:** Maxwell, John C., *The 21 Indispensable Qualities of a Leader* ISBN 0-7852-7440-5 (to be purchased) and *Handbook on Communication Skills by Centre for Good Governance*, pages 1-50 (will be posted on Blackboard)

4. **Assignments:** Creation or addition of Eportfolio for the course, Outline of Chapters for Reading Assignments, Observation Description and Summary Assignment, Weekly Videos of Classwork, Weekly Videos developing Vision Presentation

5. **Spring Commons Day:** All students in a Freshman 102 Seminar are required to attend a Spring Commons Day Event on Wednesday, March 26, 2014. For more information about this day visit: [http://ucolleges.stonybrook.edu/spring-commons-day](http://ucolleges.stonybrook.edu/spring-commons-day)

6. **Computer use:** Students are expected to regularly check Blackboard and their e-mail account for information and correspondence with the instructor and Undergraduate Colleges.

**EVALUATION AND GRADING PROCEDURES**

Each Freshman 102 Seminar is a 1-credit course. Students may receive a grade between A-C or a U (Unsatisfactory).

A = 90-100
B = 80-90
C = 70-80

50% of Grade = E-portfolios with written reflections from class, outlines of readings, videos, written Observation Project, text of Vision Presentation

50% of Grade = Daily Class Work and Final Vision Presentation

**ACADEMIC INTEGRITY**

Each student must pursue his or her academic goals honestly and be personally accountable for all submitted work. Representing another person's work as your own is always wrong. Faculty are required to report any suspected instances of academic dishonesty to the Academic Judiciary. Faculty in the Health Sciences Center (School of Health Technology & Management, Nursing, Social Welfare, Dental Medicine) and School of Medicine are required to follow their school-specific procedures. For more comprehensive information on academic integrity, including categories of academic dishonesty, please refer to the academic judiciary website at [http://www.stonybrook.edu/uaa/academicjudiciary/](http://www.stonybrook.edu/uaa/academicjudiciary/)

**AMERICANS WITH DISABILITIES ACT**

If you have a physical, psychological, medical or learning disability that may impact your course work, please contact Disability Support Services, ECC (Educational Communications Center) Building, Room 128, (631) 632-6748. They will determine with you what accommodations, if any, are necessary and appropriate. All information and documentation is confidential.
CRITICAL INCIDENT MANAGEMENT
Stony Brook University expects students to respect the rights, privileges, and property of other people. Faculty are required to report to the Office of Judicial Affairs any disruptive behavior that interrupts their ability to teach, compromises the safety of the learning environment, or inhibits students' ability to learn. Faculty in the HSC Schools and the School of Medicine are required to follow their school-specific procedures.

COURSE EVALUATIONS
Each semester Stony Brook University asks students to provide feedback on their courses and instructors through an online course evaluation system. The course evaluation results are used by the individual faculty, department chairs and deans to help the faculty enhance their teaching skills and are used as part of the personnel decision for faculty promotion and tenure.

Stony Brook contracts with an outside vendor to administer the surveys and all results are completely anonymous. No individually identifiable data are ever reported back to the university or instructor. Students who have completed previous evaluations can view all faculty ratings at: tlt.stonybrook.edu/evaluate

Counseling and Psychological Services and Center for Prevention and Outreach
Counseling and Psychological Services (CAPS) is located on the second floor of the Student Health Center. The center provides a variety of services, including individual and group therapy, psychiatric assessment and treatment, stress management, meditation, and referrals to on- and off-campus resources for our students. CAPS also provides consultation services for campus professionals (faculty and staff) who may have concerns about a student but aren't sure how to address them. To utilize CAPS services students can either walk-in or call (631-632-6720) and say, "I'd like to speak to a counselor." CAPS hours are 8:00 a.m. to 5:00 p.m., Monday through Friday, and 5:00 p.m. to 7:00 p.m. on Tuesdays. (During summer, intersession, and spring break, hours are Monday–Friday, 8:00 a.m. to 4:00 p.m.). To find more information visit http://studentaffairs.stonybrook.edu/caps/

In case of an emergency (student expressing suicidal thoughts or aggression towards another person) or if you are worried about the psychological well being of a student (crying during class, disheveled, disclosing a traumatic experience in class etc.) then you can walk the student to CAPS for an emergency appointment during our business hours and one of our on-call therapist will be able to assist the student in need. After hours, please call University Police Department for immediate assistance.

The Center for Prevention and Outreach (CPO) offers a variety of education and training opportunities to help instructors support and empower their students. We provide instructor workshops on recognizing and responding to student distress and disruptions which highlights specific behavioral red flags, identify the campus resources for referring students in distress, and review campus policies and offices for reporting disruptions. In addition, CPO staff and interns work with instructors to provide student presentations in their classes on topics such as managing stress, coping outside your comfort zone, preventing sexual violence and healthy communication
To get more information on CPO call 632-2748 or visit our website at [http://studentaffairs.stonybrook.edu/cpo/index.shtml](http://studentaffairs.stonybrook.edu/cpo/index.shtml). To schedule a department or classroom presentations please contact Christine Szaraz, Prevention and Outreach Counselor ([christine.szaraz@stonybrook.edu](mailto:christine.szaraz@stonybrook.edu)) with questions about scheduling.

**LDS 102: UNDERGRADUATE COLLEGE SEMINAR**
**7-WEEK SCHEDULE**
**SPRING 2014**

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<tr>
<th>Week of</th>
<th>Topic</th>
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| 1/28    | Mind Maps and Introductions  
Principles of Leadership; The Body’s Part of Shaping our Lived Leadership | Photograph/screen shot of mind map and video from class, to use for upcoming Eportfolio on 2/3 |
| 2/4     | Building Eportfolios  
Main Campus in Melville Library, Room: PC Classroom C1640A/Melville Library (to be confirmed)  
Requirement: Eportfolio and Course Menu set up for the rest of the course | Due: Outlined Chapters 1-6 of Maxwell’s Indispensible Qualities, highlight the principles of each chapter, one double spaced page per chapter (outlined or bullets) |
| 2/11    | Your Leadership Vision & Mind Maps  
Space, Direction, Centering, Yield/Push | Due: Outline/Bullet Chapters 7-9, 18-20 Maxwell’s Indispensible Qualities onto Eportfolio |
| 2/18    | Communication and Somatic Authority (Embodying your Vision) | Due: Handbook on Communication, located on Blackboard, read and outlined/bullet to page 34 |
| 2/25    | The First Person You Lead is You (Observation Project Due) | Due: Chapter 21 Maxwell’s Indispensible Qualities  
Written Observation Project due in Eportfolio  
First Draft Final Vision Statement |
| 3/4     | Speaking your Mind and Vision; Taking a Stand, Being Seen and Heard Negotiating a Win/Win | Due: Handbook on Communication, read and outline/bullet pages 35 – 50, Second Draft of final vision statement |
| 3/11    | Final Project – Vision statements  
UNDERGRADUATE COLLEGE DIRECTORY

CENTRAL OFFICE

Jean Peden, Assistant Dean and Director, Undergraduate Colleges (Jean.Peden@stonybrook.edu)
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